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'We have to make a difference'

Friends of man killed last year hold anti-violence march **PAGE 3**

FROM 90210 TO THE B3H

JASON PRIESTLEY PREMIERES FIRST FEATURE AT AFF, STARRING RICHARD DREYFUSS **PAGE 6**



101.3 THE BOUNCE

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WEEKDAY MORNINGS 7:40



LAWN OF THE DEAD

Walter Jones, right, watches people dressed as zombies stream out of the Public Gardens on Sunday afternoon as part of the annual Halifax Zombie Walk. The event sees dozens of people participate. Go to metronews.ca/halifax to view a photo gallery of the event.

JEFF HARPER/METRO

Grits vow to cut wait time

Health care. Liberals promote plan for faster knee- and hip-replacement surgeries

country, with nine out of 10 patients waiting 20 months for a knee replacement and 17 months for a hip replacement, the Liberal party's platform says.

NDP politician and Health Minister David Wilson denounced the party's plan to eliminate the health authorities, saying it would pull resources out of rural regions.

"I know that the communities in Nova Scotia don't want that and they don't need that," said Wilson.

McNeil said he would provide up to \$120,000 in tuition relief annually for four years for 25 new doctors to practise in under-served communities.

McNeil added he would also create an expert team to recruit and retain doctors.

Progressive Conservative Leader Jamie Baillie agreed that the province needs more physicians, but said "throwing money at the problem ... papers over the real issue."

THE CANADIAN PRESS

Nova Scotia's Liberal party outlined its plan Sunday to improve health care in the province, promising to reduce wait times for surgeries and increase the number of doctors in under-served areas.

Leader Stephen McNeil said he would develop a province-wide surgical plan if elected Oct. 8. He vowed to reduce the number of district health authorities from 10 to two and to meet the national standard of a six-month wait for hip and knee-replacement surgeries.

"By eliminating the administration portion of those health authorities, we're saving \$13 million, \$8.1 million of which we're putting back into dealing with wait lists," said McNeil, as the provincial election campaign moved into its second week.

The current wait times are among the worst in the

More election coverage, page 4

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Investigation

Man dies while attempting to remove tree

A man is dead after being struck by equipment as he attempted to remove a tree from a property in Sydney Mines.

The Cape Breton Regional Police responded to a residence located on Burchell Street at about 6 p.m. Saturday in relation to a workplace fatality.

The preliminary investigation indicated that a 60-year-old man from Glace Bay was hired to remove a tree from the property.

A piece of equipment that was being used struck the man while he was using his vehicle to assist in the tree removal.

The death is being investigated by the police service traffic safety and forensic units, along with the Department of Labour.

CAPE BRETON POST

Crime

Woman screams, runs, in Halifax robbery attempt

Two teens fled empty handed from a robbery attempt early Sunday morning after police say the victim screamed then ran towards her home.

Police say the teens approached the victim around 1 a.m. at the intersection of Cornwallis and Barrington streets. One of the teens threatened the victim with a knife, police say, and demanded her purse.

That's when police say the victim screamed and ran in the direction of her house. **METRO**



Friends and family of homicide victim Kaylin Diggs walk over the MacDonald bridge as part of Stop the Violence, Spread the Love March on Sunday in Dartmouth. **JEFF HARPER/METRO**

'We're trying to make a change'

Stop the Violence.
Victim's friends organize march to mobilize community



RUTH DAVENPORT
ruth.davenport@metronews.ca

The friends of a young man who died after a scuffle in downtown Halifax say they're hopeful their annual anti-violence march inspires other young people to choose a different path.

Dozens of people came out

for the second annual Stop the Violence march on Sunday, organized by friends of homicide victim Kaylin Diggs.

"I have many cousins who have died due to violence so it's in honour of ... all those that are passed," said march co-founder Quentrel Provo. "Violence is violence and it's happening all over the world, so I hope people will see that we're trying to make a change."

Diggs, 26, died Aug. 11, 2012 during an altercation after he stepped in to help a friend who was being assaulted. Officers found Diggs lying on the ground at Argyle

Call Crime Stoppers

- Kaylin Diggs' homicide has been added to the Rewards for major unsolved crimes program.

and Sackville streets just before 4 a.m., and he died soon afterwards in hospital.

Matthew Thomas, the youth pastor at New Beginnings Ministries, said he's hoping that seeing people like himself and Provo organizing positive community events will make an impression on young people.

"I hope they'll see that they have the power and ability to be the change they're seeking," said Thomas, who was a close friend of Diggs. "I hope they can see that representation of young brothers that look like them but have chosen to live an honest life."

Halifax Regional Police Supt. Jim Perrin took part in the march, as did Mayor Mike Savage.

"We have to come together and we have to make a difference," said Savage. "We all have to put our shoulder to the wheel, we all have a responsibility to make sure that we can live in peaceful societies."



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1 NEWS

Speaking out

Mother of Rehtaeh Parsons shares daughter's story on Dr. Phil

The story of Cole Harbour teenager Rehtaeh Parsons was on American network television when her mother appeared on the popular talk show Dr. Phil.

Leah Parsons spoke about her daughter's suicide this year following an alleged sexual assault and urged parents to talk to their sons about consent as part a two-episode series on youth sexual assault.

"If I have to teach my daughter to protect herself, why aren't other parents teaching their sons about



Leah Parsons

JEFF HARPER/METRO

consent and what consent is," said Parsons, whose segment which aired Friday was filmed in front of a studio audience.

Parsons travelled to Los Angeles last month to film her segment of the episode, which focused on the alleged rape of a 16-year-old girl in North Carolina by four male classmates at a party.

Rehtaeh was taken off life-support last April following a suicide attempt. Her family says the 17-year-old was bullied for months after a digital photo of the alleged sexual assault at a house party in November 2011 was passed around her school.

Parsons said Rehtaeh was "destroyed" by the photograph and believed no one was taking her concerns seriously, despite seeking help from the police and school officials. "She was shamed right out of her own community," she said.

Two 18-year-old men were later charged with child-pornography related offences in the case. The matter returns to court Thursday.

McGraw said the case leaves behind "big questions."

THE CANADIAN PRESS

Blaze. Crash rescuers being hailed as 'heroes'

Two individuals are being hailed as "heroes" after pulling the driver from a burning vehicle just seconds before it exploded in Masstown over the weekend.

Const. Dal Hutchinson of the Colchester County District RCMP said a driver trapped was in a vehicle that collided with two horses at about 5:45 a.m. Saturday was pulled from the burning wreck by two other

travelling motorists seconds before the damaged SUV exploded.

"As far as we are concerned they are both heroes," said Hutchinson. "They saved that guy's life."

The driver sustained serious injuries during the incident and both he and the passenger were transported to Colchester East Hants Health Centre for treatment. **TRURO DAILY NEWS**

Jasmine Jellow. Search on for missing girl, 13

Police in Halifax are asking for the public's help in finding a missing teenage girl from Dartmouth.

Jasmine Jellow, 13, was last seen leaving her Pleasant Street home at 2 p.m. on Sept. 6.

Police say Jellow hasn't been in contact with family and friends, but there has been some evidence of recent online activity. She is five-foot-six with shoulder length black hair, brown eyes and ears and nose piercings.

She also has three butterflies tattooed on her right ankle.



Jasmine Jellow HANDOUT

Police say there is no evidence to suggest Jellow has met with foul play. Anyone with information on her whereabouts is asked to contact police at 490-5020. **METRO**

Progressive Conservative Leader Jamie Baillie speaks on the Halifax Waterfront about power rates in front of the Nova Scotia Power building on Sunday.
JEFF HARPER/METRO

Soaring power bills now key election issue

N.S. votes: All three parties holding down different positions on electricity

While it may be true that the typical provincial election focuses on jobs, the economy and leadership, another theme emerged as a key issue during the first week of the Nova Scotia election campaign: rising electricity rates.

And it's not hard to see why. The province's residents pay among the highest power bills in the country, and the private company that generates most of the electricity, Nova Scotia Power Inc., has posted higher profits every year since 2009 — the same year the New Democrats were elected to govern the province for the first time.

On the doorstep, candidates are getting an earful about electricity.

"I know there's frustration out there, worry about the rising cost of electricity," says Energy Minister Charlie Parker.

That might be an understatement.

Last year, there was public outrage when the utility sought another rate increase and ratepayers learned the compensation package for Nova Scotia Power CEO Rob Bennett had risen 23 per cent to \$1.15 million. Then, a day after the rate application, utility executives threw themselves a party on the Halifax waterfront.

It's the kind of pocketbook issue that can be lethal for the party in power, and the opposition Liberals and Progressive Conservatives know it.

For Liberal Leader Stephen McNeil, the perceived front-

'Emotional issue'

Expert's take

David Stuewe, an expert in business-government relations at Dalhousie University, says the Liberal pledge to break the monopoly resonates on the doorstep with angry voters, even if details of the plan remain murky.

"It's a simple emotional issue in the way it is being presented," Stuewe says. "But the delivery of (this promise) is very complex."

THE CANADIAN PRESS

Scotia Power's monopoly."

Progressive Conservative Leader Jamie Baillie has another approach: a five-year rate freeze.

As for NDP Premier Darrell Dexter, his majority government has committed the province to getting 40 per cent of its electricity from renewable resources by 2020, setting one of North America's most aggressive green energy targets.

Though the premier admits there are added costs to shedding the province's reliance on coal-fired plants, Dexter says the long-term payoff will be stable rates and more green jobs.

The centrepiece of his strategy is the \$1.5-billion Maritime Link, which involves construction of undersea cables that will deliver electricity from the Muskrat Falls hydroelectric project in Labrador.

THE CANADIAN PRESS

Platforms

Where the parties stand on Nova Scotia Power:

- Liberals:** They want to "break the monopoly" held by the province's privately owned utility. However, they say that

doesn't mean splitting up the company into smaller units, but instead it means changing the rules to make it easier for renewable energy suppliers to compete.

- NDP:** The party has made the Liberal proposal the focus of attack ads, including one that suggests the Liberals would rather see the province buying hydroelectric power from Quebec instead of an

Atlantic partner — a claim the Liberals have denied.

- Progressive Conservatives:** They say the Liberal plan has already been tried in New Brunswick, where it proved to be a failure.

ATLANTIC FILM FESTIVAL

SCHEDULE

SEPTEMBER 16

SUPER CHANNEL FESTIVAL LOUNGE

Georgian Lounge, Lord Nelson Hotel, 1515 South Park Street
September 12-19, 12:00PM – 12:00AM

The Super Channel Festival Lounge is open throughout the 33rd Atlantic Film Festival, beginning at noon, each day. Before a film or after, it is the place for Festival delegates and film lovers to meet, drink & be merry! Relax with a special themed cocktail, take advantage of our phone & computer charging stations, enjoy "Coffee Talks" with local industry professionals and be entertained by performances from Atlantic Canadian film score composers. Check out the daily video-blog on the Atlantic Film Festival Youtube and Facebook pages, for all of our scheduled events.

Enhance your film festival experience at this year's Super Channel Festival Lounge!



10X10 AT THE AFF - AN OUTDOOR FILM EXPERIENCE

Emera Oval, Halifax North Common
Tuesday, September 17, 7:30 PM

We'll be setting up our great big inflatable screen at the Emera Oval, offering the ultimate 10x10 experience, a 90-minute retrospective of the RBC Foundation's 10x10 program, which pairs 10 emerging filmmakers and 10 talented musicians in the creation of a music video in 10 days. Friends and Families can bring or rent rollerblades or rollerskates, and take a few spins around the rink under the light of the September moon, which just so happens to be a full harvest moon that night, in lieu of a disco ball.

FROM SCREEN TO SCORE

CBC Studio 1, 1840 Bell Road
Wednesday, September 18, 7:00 PM
Admission: \$20 (Not included in All-Access Pass)

From Screen To Score, a special presentation from CBC and the Atlantic Film Festival, featuring the talents of musicians Shehab Illyas, Asif Illyas, Chris Pauley, Ron Hynes, Kim Dunn, Kris MacFarland, Meghan Smith, joined by filmmakers, Jason Buxton and Michael Ray Fox. The evening's program will include performance and dialogue about what it means to create one of the deepest collaborations that happens in film, pictures and sound coming together. The centerpiece of this event will be the premiere of Shehab Illyas' new motion picture music album, **TOP OF THE WORLD**.

MONDAY, SEPTEMBER 16

All screenings take place at Park Lane Cinema unless stated otherwise.

	11 AM	11:30 AM	NOON	12:30 PM	1 PM	1:30 PM	2 PM	2:30 PM	3 PM	3:30 PM	4 PM	4:30 PM	5 PM	5:30 PM	6 PM	6:30 PM	7 PM	7:30 PM	8 PM	8:30 PM	9 PM	9:30 PM	10 PM	10:30 PM	11 PM	11:30 PM	MIDNIGHT	12:30 AM
THEATRE 8								Camille Claudel, 1915 Runtime 110 minutes 2:15PM Page 56			The Apprenticeship of Duddy Kravitz Runtime 110 minutes 4:15PM Page 62					Cas & Dylan Runtime 10 minutes 7:00PM Page 30				Don Jon Runtime 10 minutes 9:30PM Page 31								
THEATRE 7				Atlantic Shorts 7 Runtime 51 minutes 12:30PM Page 54			Atlantic Shorts 6 (Encore Screening) Runtime 54 minutes 2:30PM Page 53			Atlantic Shorts 8 Runtime 56 minutes 4:30PM Page 55							Rhymes For Young Ghouls Runtime 58 minutes 7:45PM Page 66				Shorts 3 Runtime 21 minutes 9:45PM Page 70							
THEATRE 4	Louis Cyr Runtime 70 minutes 11:00AM Page 58				15 Reasons To Live Runtime 84 minutes 1:30PM Page 70			The Broken Circle Breakdown Runtime 113 minutes 3:30PM Page 63									Hold Fast Runtime 55 minutes 7:30PM Page 35, 78				Atlantic Shorts 7 (Encore Screening) Runtime 51 minutes 10:00PM Page 54							
THEATRE 3		Spring & Arnaud Runtime 70 minutes NOON Page 73			I Used To Be Darker Runtime 10 minutes 2:00PM Page 64			Michael Kohlhaas Runtime 137 minutes 4:00PM Page 59									Borgman Runtime 115 minutes 8:00PM Page 62				Touchy Feely Runtime 88 minutes 10:15PM Page 67							
OTHER														The Darjeeling Limited Max Anderson Retrospective Dalhousie Art Gallery Runtime 91 minutes 9:00PM Page 83														

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90210 star landing in Halifax for world movie premiere

Atlantic Film Festival.

Jason Priestley's *Cas and Dylan* makes its debut on Monday

Jason Priestley is hoping to bring some California sunshine to Halifax as he attends the premiere of his new movie on Monday night.

Cas and Dylan is the first feature-length film the Canadian-American actor has directed. He said he's "very excited" to bring it to the Atlantic Film Festival.

"It was a really fun shoot," Priestley said over the phone from Los Angeles on Friday of the road-trip movie starring Richard Dreyfuss and Tatiana Maslany.

Priestley said the story of an aging doctor going on the



A scene from *Cas and Dylan*.
CONTRIBUTED

lam with a young woman was filmed last year from Sudbury, Ont., across the prairies and into British Columbia.

"I think that it definitely gives it a very distinct, Canadian flair, which is something very different from a movie like *Thelma & Louise*," he said.

Priestley, best known for his role as Brandon Walsh on the drama *Beverly Hills 90210*, is no stranger to the 902 area code. He's been spotted around

New Minas in recent years while shooting the TV series *Call Me Fitz*, and counts chef Craig Flinn of Chives among his friends.

Bluegrass fans, of whom Priestley said he's one, might also pick up on the sound of Nova Scotia banjo player Old Man Luedecke in one scene.

"We've got a couple Nova Scotia artists on the soundtrack," Priestley said. "When people see the movie ... they're going to hear a lot of very recognizable music."

Priestley said he was originally drawn to *Cas and Dylan* because of the great script.

"It sort of had that '70s independent-movie sensibility," said Priestley. "It didn't shy away from the ending that it should have had."

Cas and Dylan screens Monday at 7 p.m. in Park Lane Cinemas. **HALEY RYAN/METRO**



Still runnin' after all these years

Runners and walkers laced them up on Sunday morning to take part in the annual Terry Fox Run at Point Pleasant Park in Halifax. Tens of thousands of people take part in the event each year to raise money for cancer research, with several different races taking place in communities across HRM. **JEFF HARPER/METRO**

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We applaud these dedicated young people. And we commend the efforts of Shine Academics and their volunteers. We are very proud to provide financial support for this valuable community initiative.

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Participants Treno Morton and Ty'keia Beals with Shine Academics founder, Loran Morrison (centre).

University students interested in volunteering as tutors can visit shineacademics.org for details.

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No country wants diplomats' son after criminal conviction



"Life is very stressful," says Deepan Budlakoti. "You're stateless in a country that you were born in." He and his supporters are campaigning online to stop his deportation. STEVE COLLINS/FOR METRO IN OTTAWA

Deportation. Man says Canada is the only home he has ever known, will plead on Parliament Hill



STEVE COLLINS
For Metro in Ottawa

Supporters of a Canadian-born man fighting an unusual deportation to India will take his case to Parliament Hill in a press conference Wednesday.

"We're calling on two ministers, the immigration minister and the public-security minister, to jump in and basically stop the deportation and to reinstate my citizenship," said Deepan Budlakoti, who was born in Ottawa to two ex-employees of the Indian High Commission, both of whom are now Canadian citizens.

Not my home

"I am not an Indian citizen. I have never lived in India and have no ties to India whatsoever, other than the fact that my parents came from India."

Deepan Budlakoti

Budlakoti was ordered deported in 2011 after he was sentenced to three years for weapon and drug trafficking.

The government argued that because he was born to diplomatic staff, his Canadian birth did not confer automatic Canadian citizenship.

The case grew more complicated when India refused to accept him from Canada.

He says he last visited India — on his Canadian passport — at age 12 for a grandparent's funeral.

"I am not an Indian citizen," Budlakoti said.

"I have never lived in

India and I have no ties to India whatsoever, other than the fact that my parents came from India."

Budlakoti has had to go to court to get a work permit, which has been issued but still hasn't arrived in the mail.

Meanwhile, he says, the numerous restrictions he's under — including a curfew and travel restrictions — will make it difficult to work in his field of construction.

"I can't leave (home) until 9 in the morning and I have to be back by 9 (p.m.). I can't work construction, because construction's always early in the morning."

Growing ire

Canuck visa rules worst in world for Mexicans: Envoy

The Mexican ambassador to Canada says his country is "really mad" at the Harper government for the continued imposition of a visa on its travellers. "Canada has the most stringent visa system for Mexicans of any country," said Francisco Suarez. **THE CANADIAN PRESS**

University of Calgary

Group sees rape culture at U of C

Chants advocating sexual assault and a contentious campaign slogan are among the proof that rape culture exists at the University of Calgary, assert the founders of a new awareness group.

"It shouldn't take a bunch of frat students literally shouting this for people to take this seriously," said Emily Leedham of the Consent Awareness and Sexual Education Club.

JEREMY NOLAIS/METRO IN CALGARY



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YouTube ban in Pakistan challenged

Internet censorship. Move has sparked debate on right to information vs. impulse to block material seen as offensive to Muslims

ToffeeTV has hit an unexpected snag. The Internet

startup depended on YouTube to promote Hokey-Pokey, The Umm Nyum Nyum Song and other language-teaching clips it produces for children, but the video-sharing website has been banned in Pakistan for nearly a year.

The measure was imposed to block videos that Muslims took as insulting and blasphemous. But the

Message

“Surf Safely! ... The site you are trying to access contains content that is prohibited for viewership from within Pakistan.”

Pakistanis who try to view YouTube get the above message

unintended consequence

has been frustration for many companies, educators and students.

A petition to end Internet censorship is before a Pakistani court, and a debate has been rekindled over how to reconcile the right to a free flow of information with a widespread public sentiment that Islam needs special protections.

THE ASSOCIATED PRESS



In this picture taken Wednesday, Pakistani university students try to access YouTube in Karachi, Pakistan. For almost a year, Pakistanis wanting to view the video-sharing website have had to find alternatives. THE ASSOCIATED PRESS

Ongoing tension. Syrian official calls chemical weapons deal a ‘victory’

A high-ranking Syrian official called the U.S.-Russian agreement on securing Syria's chemical weapons a “victory” for President Bashar Assad's regime, but the U.S. warned Sunday “the threat of force is real” if Damascus fails to carry out the plan.

The comments by Syrian Minister of National Reconciliation Ali Haidar to a Russian state-news agency were the first by a senior Syrian government official on the deal struck a day earlier in Geneva. Under the agreement, Syria will provide an inventory of its chemical arsenal within one week and hand over all of the components of its program by mid-2014.

“We welcome these agreements,” Haidar was quoted as saying by the RIA Novosti agency. “On the one hand, they will help Syrians get out of the crisis, and on the other hand, they averted a war against Syria by removing the pretext for those who wanted to unleash one.”

He added: “These agreements are a credit to Russian diplomacy and the Russian leadership. This is a victory for

Lesson for Iran?

President Barack Obama says his administration's approach to Syria's chemical weapons should show Iran that there's the potential for diplomatic solutions to arms standoffs.

- But Obama says Iran shouldn't assume that his preference for diplomacy means the U.S. won't strike Tehran.

Syria, achieved thanks to our Russian friends.”

There has been no official statement from the Syrian government, and it was not clear whether Haidar's comments reflect Assad's thinking.

The deal, hashed out in marathon negotiations between U.S. and Russian diplomats, averts American missile strikes against the Assad regime, although the Obama administration has warned that the military option remains on the table if Damascus does not comply.

THE ASSOCIATED PRESS

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TOP SIX@6 Weeknights at 6 KB counts down the HOTTEST songs of the day

- 6 Lana Del Rey
Summertime Sadness
- 5 Avicii
Wake Me Up
- 4 Miley Cyrus
We Can't Stop
- 3 Florida Georgia Line ft Nelly
Cruise
- 2 Drake
Hold On, We're Going Home
- 1 Katy Perry
Roar

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How Twitter flew from obscurity to IPO hype

Social media. Service's public sale of stock will be the most scrutinized since Facebook's Wall Street debut in 2012

The Pope. President Obama. Queen Elizabeth. Oprah. You.

When Twitter started seven years ago as an obscure medium for geeks, critics dismissed it as an exercise in narcissism. Some thought it would be as intriguing as watching people gaze at their bellybuttons. But it quickly matured into a worldwide messaging service used by everyone from heads of state to revolutionaries to companies trying to hawk products.

Now, Twitter is taking the next critical step in its evolution — selling stock to the public. It promises to be the most hyped and scrutinized initial public offering since Facebook's Wall

Quoted

"You can rub elbows with famous people instantly.... It wasn't until Twitter that the combination of speed and access to anyone became available for everyone."

Fordham University professor Paul Levinson, author of *New New Media*

Street debut in May 2012. To be successful, the company will need to become an advertising behemoth and prove that the same service that has already helped change the course of history can also make money.

Twitter quietly slipped out news of its plan to go public in a tweet last Thursday afternoon. By the next morning, nearly 14,000 of Twitter's 200 million users had retransmitted the message.

"Twitter epitomizes the



Famous figures on Twitter include, clockwise from top left, Oprah Winfrey, the Dalai Lama, the Bronx Zoo's once-missing Egyptian cobra, Pope Benedict XVI, President Barack Obama and Queen Elizabeth. THE ASSOCIATED PRESS FILE

revolution of social media ... more than Facebook, more than YouTube," says Fordham University communications

professor Paul Levinson, author of *New New Media*. "It caters to the immediacy, the equality of all users." THE ASSOCIATED PRESS

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CAMPAIGNS START WITH A THUD

What to make of Liberal Leader Stephen McNeil's plan to save taxpayers money by making Nova Scotia Power responsible for (and responsible for footing the bill for) what is now the regulated, arms-length, non-profit — and working very well, thank you all the same — energy-reducing agency known as Efficiency Nova Scotia?

The reality is that funding for the agency comes from a levy on our power bill. If NSP was required to "pay" for its own energy efficiency, that levy would simply be tacked on to our power rates instead, probably invisibly and almost certainly creating yet another profit centre for our private public utility.

More to the point, do we really want Nova Scotia Power — the chicken in charge of creating electrical demand —



URBAN COMPASS
Stephen Kimber
halifax@metronews.ca

to take control of the henhouse of encouraging energy efficiency? Can you say conflict of interest?

According to its website, Efficiency Nova Scotia's various conservation programs have so far cut our annual provincial electricity load demand by 4.3 per cent, a not-insignificant decrease at a time of steadily increasing power rates.

If McNeil's proposal is from the if-it's-not-broke-make-it-worse school of governing, Conservative Leader Jamie Baillie's plan to totally eliminate corporate taxes on small businesses enters stage right from the trickle-down, if-it's-never-worked-let's-keep-trying-it-again-anyway graduate

school of Reaganesque poli-nomics.

While Baillie overheatedly accuses the NDP of driving

us down the road to Detroit-style ruin, the Tories' fiscal plan not only doesn't cut our debt — the ultimate cause of Detroit's bankruptcy default — but his corporate catering simply shifts more of the burden of providing important public services into the lap of ordinary taxpayers, or eliminates those services altogether.

Meanwhile the New Democrats, who delight in donning the mantle of budget-balancing, prudent financial managers when it suits them, have been spending for months as if there will be no tomorrow — and certainly no next-term plan in which to keep those painfully balanced books in the black. The NDP can't again claim it didn't know the true state of the province's finances.

It is disheartening to realize that with all the time our political parties had to prepare for the inevitability of this campaign, they had so little of thought-through substance to offer during its first week. Let's hope this week is better.

ZOOM

Motor-yikes!



COURTESY GUINNESS WORLD RECORDS

Mega-motorbike tops world record

This gigantic ride got its driver on the high road to record-breaking fame. Fabio Reggiani, 31, has created the world's tallest motorcycle — a bike that's six times larger than a standard model. The product designer from Reggio Emilia, Italy, features in this year's edition of the Guinness World Records book. **METRO**

Motorcycle in numbers

5.10 m

the motorcycle's height — higher than a double-decker bus.

10.03 m

the bike's length — longer than a stretch limousine.

5,000 kg

the bike's weight — as heavy as the average African elephant.

Q and A

'I control the bike using a joystick'

What was the process behind making this monster motorbike?

A team of eight of us spent seven months building the vehicle. Most of the parts are actually from large cars: The engine was a 5.7L V8 engine, running at 280 horsepower. It can drive at a top speed of 60 km/h.

How do you reach the sky-scraping handlebars?
I don't (laughs). I control the bike using a joystick that's placed in front of the seat. It's quite easy, in fact — I only need to turn the front wheel.

What's been the reaction from the public?

My favourite one has been, "O mamma mia come è grande!" ("Oh my mother, how big it is!")

Clickbait



HANNAH ZITNER
hannah.zitner@metronews.ca

With the days of summer in the rear-view mirror, it can be hard to escape the fall doldrums. But come on, for most of us, life ain't really so bad. If you sometimes need a little reminder on how to put on that happy face, there's a whole new wave of self-help happiness apps.

Happier:

Let's be honest: No one wants to be the guy walking around telling everyone how great their life is. So now you don't have to. Happier lets you share your happy thoughts with a community of like-minded happiness-seekers.

Track Your Happiness:

Kind of like fitness tracker meets research project. This site lets you track

who you were with and what you were doing when reaching your peak happy levels. Goodbye Debbie-downer friends.

Hapyr:

All it takes, according to the website, is two minutes a day to be a happier you. Hapyr sends a daily reminder for people to sit down and write for just 120 seconds about all the lovely things in their lives.



Twitter



I'm #totescool ;)

@metropicks asked:
When Twitter launched, many doubted its success. Now it's going public. Why do you use Twitter?

@SpenceShaun: Twitter- There isn't a better source for up to the minute news and information. Lightning fast reporting.

@CSRjames: My intern said our project was, I quote "totesamaze". I laughed. Felt old. Got Twitter. Now

@Carefulspider: It connects you to local news and what's happening in your community. Just one of the reasons I use twitter.

@SteveWLyton: It allows you to share a thought in a noisy social world and get thoughtful responses from the global community.

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Review

Who: Vampire Weekend

Where: iTunes Festival

When: Sunday, Sept. 15

During Vampire Weekend's performance Sunday, you'd be hard-pressed to recognize the nervous Ivy Leaguers who took over indie rock a few years ago. Ezra Koenig and co. came across like bona fide pop stars. On opener, Diane Young, the group cranked out the tune's big hooks with aplomb. Meanwhile, tracks from their first two records, such as Oxford Comma and Horchata, received some of the strongest reactions. The band drew in equal parts from all three of their albums, and their distinct voice and polished image served to dispel criticisms that their music was too derivative of Afropop rhythms. Sure, the penchant for intellectual lyrics is still intact, but they're being themselves. They seem more comfortable in their own skin and found the balance between elitism and good old-fashioned fun. Just before their third and final encore, Koenig said goodbye to the audience and wished everyone a good school week.

JACOB MORGAN/METRO

EACH MONDAY IN SEPTEMBER, METRO WILL REVIEW ONE OF THE ACTS PARTICIPATING IN THE ITUNES FESTIVAL. TAKING PLACE ALL MONTH AT THE RENOWNED ROUNDHOUSE IN LONDON - AND STREAMING ONLINE IN HD - THE ITUNES FESTIVAL FEATURES 60 ACTS EACH DAY AT 4 P.M. ET/1 P.M. P.T. TO WATCH LIVE, DOWNLOAD THE ITUNES FESTIVAL APP TO YOUR IPHONE, IPAD, IPOD TOUCH OR APPLE TV. FOR A FULL LIST OF ACTS, VISIT METRONWS.CA

Keeping it in the family

Celebrity spawn.

Famous relatives are a double-edged sword in the movie business

What's in a (family) name?

Quite a bit, apparently, when it comes to the next generation of actors and directors trying to make their way in the film world.

This year's cinematic offerings at the Toronto International Film Festival featured a slew of young movie makers and up-and-coming stars with famous last names who are trying to step beyond the shadow of their well-known relatives.

But while having a recognizable surname can certainly have its perks, it seems a memorable moniker also brings certain pressures.

Colin Hanks, the witty son of the famed Tom Hanks, knows all too well what it's like to be compared to his popular father.

"Definitely, there is more attention than most," said the actor, who was in Toronto promoting his upcoming JFK drama Parkland.

"This sort of idea of, 'Oh well, he's not as good as his dad' — that always makes me laugh because I was getting that when I was 23, and I'm like 'OK ... he had time to get to where he is.'"

The younger Hanks noted that while his last name creates a point of interest, he's stopped stressing over unfair comparisons to his dad.

"There's not really a whole lot I can do about it so I don't really think about it too much," he said with a shrug. "(Acting) is a profession that I've chosen because I love it and I don't want to do anything else."

Sarah Sutherland is already



Colin Hanks doesn't like to give too much weight to the comparisons he inevitably gets to Tom. But seriously, doesn't he totally look like his dad? THE CANADIAN PRESS

learning to think along the same lines.

The 25-year-old said being the daughter of Canadian actor Kiefer Sutherland and the granddaughter of esteemed actor Donald Sutherland does come with "certain assumptions"

But the budding actress, who was promoting her new movie Beneath the Harvest Sky at TIFF, hopes she can come to be known for her own work, and not just her name.

"My father and my grandfather have an incredible body of work and both have an incredible work ethic, so

I'm just proud to be associated with them and to be making my own mark in this industry," she said.

"We always keep business and personal things very separate and they've always been very respectful of me figuring things out on my own."

There's no doubt that the progeny of big-name celebrities get held up to higher standards. But there are some among the next generation of stars who are driven by that added scrutiny.

Take Gia Coppola, for instance. The granddaughter of Hollywood heavyweight Francis Ford Coppola (the man be-

hind The Godfather) and niece of Sofia Coppola is well-aware of the critical analysis her own directorial debut is being subjected to.

"It does add a lot of pressure, but it just makes me want to work harder and prove that I can stand on my own," said the soft-spoken 26-year-old, who has adapted a book by James Franco for the big screen with her film Palo Alto.

"I hope that people see the film because they're interested in the story and not so much to see what the spawn of the (Coppola) family ... can do." THE CANADIAN PRESS

2 SCENE

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop Goes The Week

The new adventures of Pippi Longstocking — rated X



STARGAZING
Malene Arpe
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The pilot of a private plane tells TMZ that when Justin Bieber and his posse recently exited an SUV to board, pot smoke billowed out and Justin was “baked out of his mind” on the flight. Calm down. Justin’s just researching for his next song. If I Was Your Boy Idol Who Threw It All Away.

Tami Erin, who played Pippi Longstocking in some 1980s movie, says she’s releasing her sex tape before her ex does. Here’s hoping said ex isn’t the horse or the monkey.

Prince Andrew is confronted by security personnel at Buckingham Palace. Being him is like being the Jonas Brother named ... erm ... his name is ... the one who sings on Broadway.

Brad Pitt says there may be a World War Z sequel in the works. It may take a while because they have to figure out the CGI necessary to make the zombies run even faster.

Gwyneth Paltrow is filmed cutting in front of a school bus while riding her Vespa with one of her kids on the



back. In her defence, she was late for a diamond-infused, elf-administered, \$5,000 colonic.

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Feeling good

Getting high on self-esteem

According to Nick Whitehead, the CEO of Oxford Learning, some students with high self-esteem have only mediocre marks.

That's because they have learned important lessons: Trying is as important as success, and overcoming failure

and learning from mistakes are essential to development.

Whitehead points out that parents can tell if children have healthy self-esteem by observing their actions and asking some vital questions.

- Does all learning have to be highly structured or does she or he accept change?

- Can your child willingly

accept difficulty, or deal with failure?

- When confronted by failure, does she or he blame somebody else? Or does your child take responsibility for his or her own learning experience?

- Is your child content just to get by with average achievement or does she or he try to excel? **NEWS CANADA**



There are ways to ensure your child's self-esteem is high. ISTOCK

Exclusively online

Read **Reasons Mommy Drinks**, by Lyanda Martin Evans and Fiona Stevenson at metronews.ca/voices. Buy the book, **Reasons Mommy Drinks**, in North American bookstores now.



Take a bite out of school lunches

Tips. A recent survey shows that 62 per cent of parents don't enjoy making school lunches for their kids



IT'S ALL RELATIVE
Kathy Buckworth
kathybuckworth.com

Being a parent is hard work. And if I were to believe what I see on Twitter, Facebook and in blogs, article and television segments, the making of school lunches is near the top of the list.

(As an aside, is it just me, or am I right in thinking that if making a school lunch is even in the top 100 complaints about your life then your life is pretty good?)

A survey I recently ran with Cityline viewers revealed that 62 per cent of respondents said they do not enjoy making their kids' lunches, but they do it anyway, even though the kids are old enough to do it themselves.

In the corporate world, this would be known as bad project management. True, there are some parents who



Getting your children involved in making their own school lunches is an opportunity to teach them about making healthy food choices. ISTOCK

like being responsible for putting together the lunches for their kids, which allows them to control what foods and how much goes in. Of course, it can't control the fact that little Jimmy may still trade

away his apple for a brownie, or pitch the broccoli in a bin on the way out of the lunchroom, but it can help limit their bad food choice options.

What it doesn't do, though, is teach them to

make their own healthy food choices at home, and to take on a responsibility that they can easily handle from about age eight and up.

Kids even younger should be involved in some part of

the lunch construction.

While there is a growing trend to hide nutritious food from kids (zucchini in muffins), or make it "fun" for them to eat (sandwiches cut like flowers), this is really just training mom and dad on some new mostly non-transferable culinary skills, and not providing a food education for your children. Teach them to make a regular, square sandwich instead.

So how can you get the kids to take it on?

1. Sit down and write out a list of lunch options: sandwiches, re-heatable foods and salads, as their main entree.
2. List acceptable snacks they can choose from, out of the cupboard, fridge, or fruit bowl. Then let them construct.
3. Start by having them "own" the responsibility of lunch. If they want you to make it, they have to ask. Nicely. And you can say no. (You're the boss, remember?).

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3 TIPS



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Mexican Independence Day isn't complete without Cemita

This traditional Mexican sandwich offers delicious layers of zesty chicken, a creamy cheese spread, crunchy cabbage slaw and sliced avocados from Mexico.

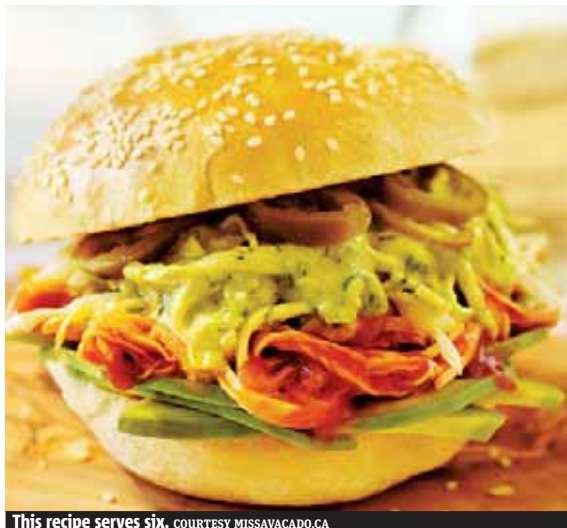
Personalize your Cemita by replacing the chicken with pulled pork or thinly sliced beef and cranking up the spice level.

Sharing, optional. Napkins, mandatory.

1. In bowl, combine cabbage, lime juice, sugar, salt and pepper. Set aside.

2. In saucepan, bring onion, broth and BBQ sauce to boil over high heat; reduce heat to medium and gently boil until onion is softened and liquid is reduced to about 1/2 cup (125 ml), about 5 minutes. Add chicken; heat through. Cover and set aside.

3. Avocado Cheese Spread: In bowl, mash one of the avocados. Stir in mayonnaise, lime juice, salt and pepper; fold in



This recipe serves six. COURTESY MISSAVACADO.CA

cheese and cilantro. Thinly slice remaining avocado.

4. To build sandwiches, place avocado slices on base of toasted buns. Spoon some of the

chicken mixture overtop; top with cabbage slaw, then Avocado Cheese Spread, and finally a few pickled jalapeños. Top with bun lids, skewering with picks, if needed. MISSAVACADO.CA

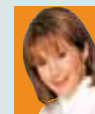
Ingredients

- 2 cups (500 ml) finely shredded cabbage
- 2 tbsp (30 ml) lime juice
- 1 1/2 tsp (7 ml) sugar
- 1/4 tsp (1 ml) each salt and freshly ground pepper
- 1 small onion, thinly sliced
- 3/4 cup (175 ml) chicken broth
- 1/2 cup (125 ml) favourite smoky BBQ sauce
- 3 cups (750 ml) cooked rotisserie chicken, shredded
- **Avocado Cheese Spread**
- 2 fully ripened avocados from Mexico, halved, pitted, peeled
- 1/4 cup (60 ml) light mayo
- 1 tsp (5 ml) lime juice
- 1/4 tsp (1 ml) each salt, pepper
- 1 cup (250 ml) shredded fresh Oaxaca cheese
- 1/4 cup (60 ml) chopped cilantro

- 1/2 cup (125 ml) sliced pickled jalapeño peppers
- 6 large sesame seed burger buns, split and toasted

Healthy eating

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Get in those last cold treats before fall arrives, but be careful if you're watching calories, fat and sugar.



Medium Dairy Queen S'mores Blizzard

870 cal / 38 g fat / 92 g sugar
Better stick to the camp fire s'mores for calories and fat. The soft serve with s'more ingredients is not worth the calories, fat and sugar.

Equivalent

One medium Dairy Queen S'mores Blizzard is equal in fat to eight s'mores.



Medium Dairy Queen Chocolate Sundae

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I want words, not the wide screen

Beauty of the book. How to foster a life-long love of reading in your little one

Reading is a gift — it takes you on a journey, opens your eyes, raises questions and exposes you to new thoughts and ideas. With the following four tips, you can make sure your child will read more and have fun while doing it:

Designate reading time

Setting daily reading time with your child is an effective way to motivate him or her to read more. Whether it is during breakfast, after school or before bedtime, a set time of day infuses routine and stability, giving your child something to look forward to.

Learn a new word a day

Pick out a word in an encyclopedia, or have your child flip to a random page and select a word with his or her finger, then study it and learn the

spelling and meaning behind the word. If you would like to go even further, you can encourage your child to use that word in a sentence the following day to help with memory retention.

Learn through listening

Audio books, learning songs and trivia challenges help build comprehension skills and vocabulary. For a tool to help the learning to read and

Keep a journal

A journal is a great way to bolster your child's creativity and enhance reading and writing skills.

- To add another layer of learning, encourage kids to use some of the new words they have been learning to further enhance their vocabulary. A short daily journal entry will help keep their skills sharp.



Why don't you start your son or daughter with a story you loved at their age? ISTOCK

write process, the LeapReader by LeapFrog has a library with more than 150 stories, work and audio books, along with a wide range of activities that are sure to stimulate their minds and help foster enhanced reading and writing skills.

These tips will help ensure reading is an enjoyable experience that you and your child will relish. By making reading fun, you will ensure that your child enhances his or her skills and it will be a memorable experience that you can share together for years to come.

NEWS CANADA

AUS football

Huskies buckle under pressure in Montreal

The Saint Mary's Huskies' defence could hold off the Montreal Carabins offence for only so long.

The Carabins took a 11-10 lead into the second half and added a 15 point fourth quarter to top the Huskies 29-10 at Montreal's CEPsum Stadium on Saturday.

Huskies quarterback Ben Rossong threw for 54 yards, completing 7 of 18 pass attempts, and led the team in rushing yards with 22. Pierre-Luc Varhegyi and Gab Cousineau split pivot duties with Montreal. Varhegyi led the way with 109 passing yards on 7 of 12 attempts.

The Huskies are back on the road Friday to face the Mount Allison Mounties at 7 p.m. **METRO**

Pro Stock Tour

Flemming captures record 4th tour title

Shawn Turple won the race but John Flemming stole the show.

Flemming went into the final race of the Parts for Trucks Pro Stock Tour season at Scotia Speedworld needing just a 19th place finish to win his record fourth tour championship. The Halifax resident ended up fifth to wrap up the title in style by capturing the Linde Most Laps Led Award, leading for 154 laps during the event. Enfield's Shawn Turple won the event and finished third in the overall point standings

METRO

Moose coach taking early losses in stride

QMJHL. 'It's a long season': Ducharme says club's young players still need time to learn his system



ANDREW RANKIN

andrew.rankin@metronews.ca

Dominique Ducharme was understandably upset.

The Halifax Mooseheads' head coach had watched his squad finally score the equalizer late in the final frame of Friday's matchup against the Charlottetown Islanders.

Just when it appeared the Herd had enough momentum to possibly win its first game of the season, things fell apart with just over five minutes left in regulation time.

"When you play with fire you'll get burned," said Mooseheads Ducharme about the eight penalties the Mooseheads committed compared to Charlottetown's three. The Islanders scored three power-play goals en route to a 5-2 win. "And, especially at that time, late in the game."

They sit at 0-2 to start the season and have been outscored 9-2 after Friday's loss. But Ducharme, known for his abundance of patience, isn't entirely surprised by his squad's start.

Many of the 10 new players on board are still adjusting to Ducharme's system and each other. Plenty of fine-tuning will be made in



Mooseheads head coach Dominique Ducharme says his team is still learning his system. JEFF HARPER/METRO

NHL hopeful

Fucale inks entry-level deal with Habs

Zachary Fucale is one step closer to cracking the Montreal Canadiens' lineup.

Picked 33rd overall by the Habs in June's NHL draft, Fucale signed a three-year entry-level deal with the team on Saturday.

The Halifax Mooseheads

netminder is currently attending the Habs' training camp. On the day of the signing Fucale played well in an intra-squad game, shutting out the opposition in a period and a half of work. According to capgeek.com, Fucale's NHL salary would amount to \$742,500 this season and \$792,500 in the next two years.

Fucale is expected to return to the Mooseheads this season. **METRO**

preparation for Friday's road matchup in Cape Breton.

"We'll work, make improvements and get bet-

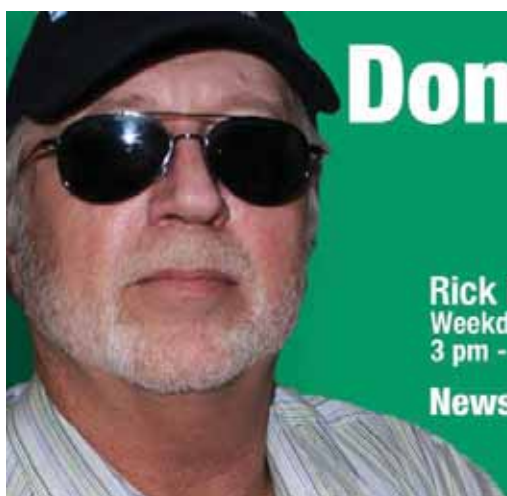
ter," said Ducharme. "It's a new group together; we're building our game. We're learning to win as a group. It's a long season."

In the losses, the Mooseheads were without four of their regulars, including goaltender Zach Fucale, Brent Andrews and MacKenzie Weegar, who were attending NHL camps, along with Darcy Ashley, who's nursing a hand injury.

But Ducharme wasn't looking to make excuses.

"They are important guys, but we were right there in the game with five minutes to go. I really believe that the 20 guys who were dressed tonight can be better."

4 SPORTS



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Job Type: Full-Time

Granite & Marble Fabricator wanted for shop in Bayers Lake Park in Halifax. Full time employment, starting at \$15/hr Minimum 5 years experience.

**Cook wanted for Greek Cuisine
in Bayers Lake restaurant**
Address: 15 Lakelands Boulevard,
Halifax, NS B3S 1G4, Canada
Job Type: Full-Time

Cook wanted for restaurant that specializes in Greek/European Cuisine, full time employment, must have at least 3 years experience, and starting at \$13/hr.

**Pastry Makers specializing in
Greek/Middle Eastern pastries**
Address: 15 Lakelands Boulevard,
Halifax, NS B3S 1G4, Canada
Job Type: Full-Time

Pastry Makers specializing in Greek/Middle Eastern pastries needed for Pastry Shop in Bayers Lake Park, minimum 5 years experience, starting at \$13/hr.

For more info please call Peter at 830-3445
**For those without a Metro, the forecast calls for "I dunno"
with a slight chance of "huhhh?"**

Horoscopes

♈ Aries

March 21 - April 20

When the Sun moves into the relationship area of your chart next weekend, you will have to compromise more. If there is anything selfish you want to do, you should do it now.

♉ Taurus

April 21 - May 21

If you have been having second thoughts about a project, you should keep them to yourself. Something will happen this week to make you realize things aren't as bad as you fear.

♊ Gemini

May 22 - June 21

At last there is light at the end of the tunnel and you will emerge into that light no later than the 22nd when the Sun moves into your fellow Air sign of Libra. In the meantime, don't take life so seriously.

♋ Cancer

June 22 - July 23

Have fun with friends this week because later you won't have time for socializing as you will be dealing with serious issues at home and at work. Laugh hard now and work hard later.

♌ Leo

July 24 - Aug. 23

Keep a firm grip on the purse strings over the next few days because if you start spending more than you can afford, you will regret it towards the end of the month. Save for something that is really worth having.

♍ Virgo

Aug. 24 - Sept. 23

The world won't come to a halt today but you will notice that certain parts of it start to slow down. It could, of course, be an optical illusion: Maybe it's just you speeding up and moving faster than everyone else.

♎ Libra

Sept. 24 - Oct. 23

When the Sun enters your birth sign on the 22nd, there will be no holding you back. But between now and then, you will have to conform to what others expect of you.

♏ Scorpio

Oct. 24 - Nov. 22

Take life as it comes and don't worry too much about its wider meaning. There will be no end of opportunities to ask the big questions towards the end of the month. For now, live in and enjoy the moment.

♐ Sagittarius

Nov. 23 - Dec. 21

Some thoughts in your head don't seem to belong to you. So where do they come from? Most likely you have allowed yourself to be influenced too much by your environment. Think for yourself.

♑ Capricorn

Dec. 22 - Jan. 20

You may be annoyed that your talents have been overlooked but the good news is you will soon break through to the big time. Be patient and be ready to act quickly.

♒ Aquarius

Jan. 21 - Feb. 19

You can hardly put a foot wrong at the moment and your luck should get even better towards the end of the week. But don't take anything for granted or the planets may decide to knock you back a bit.

♓ Pisces

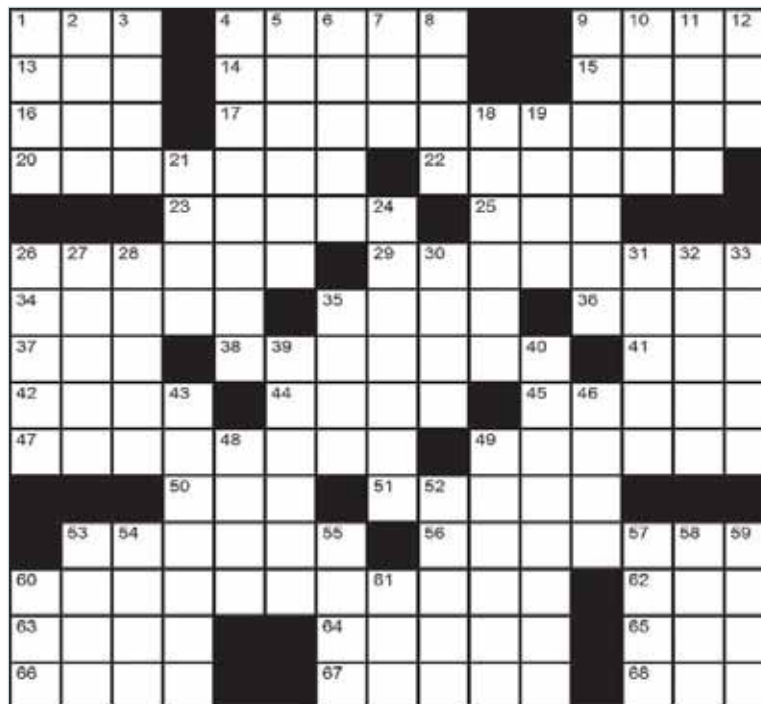
Feb. 20 - March 20

If you want to improve your life, you can't change things overnight. Set just one target to reach every day, and don't move to the next until you have mastered it. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Compress, as a computer file
- Fancy-hatted English racecourse
- Kind of spirit
- Filmmaker Ms. Lupino
- Cursed
- Old Scandinavian symbol
- Modern
- "Dancing with the Stars" host: 2 wds.
- Alberta town
- Fall, for one
- ___ it goes (There you have it): 2 wds.
- Sixes, Roman-style
- Situation of unstableness or of urgency
- Eagles hit: "___"
- Is a tenant
- Praiseful poems
- ___ Fein
- Do like Al Pacino
- Canadian tenor Ben
- Certain consciousness
- Some are faux
- God: Spanish
- Legendary acting teacher, Stella ___ (b.1901 - d.1992)
- Hockey great from Saskatchewan, Bryan ___
- ___ Path (Toronto neighbourhood dubbed 'Millionaires Row')
- Paul's music duo partner
- Worker laying down the ceramics
- Some brands of electronics
- Most dungeon-like
- RCMP in French is GRC which is... ___ royale du Canada



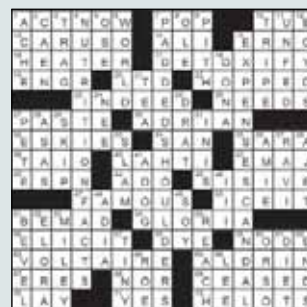
- Alias indicator
- Ballerina's skirt
- Tiger Woods' ex-wife, and namesakes
- Bolt
- "___ Slidin' Away" by Paul Simon
- Lets up
- Wilt
- Multivitamin

- Unknown advice seeker's sign off, for short
- Sign on a restaurant restroom
- Change
- Laundry detergent brand
- Ship spar
- ___ of Montreal (Historic area on the

- St. Lawrence River)
- Basketry, for example
- Happen again
- Book's brief beginning
- Hankering
- Move over
- Georgia who played Georgette on "The Mary Tyler Moore Show"
- Sleep silently opposite
- "The Andy Griffith Show" role
- Newspaper VIP
- Infrequency
- Pursuit for Carline Rhea
- Mr. Bogarde of film
- ___ bit harder (Put more effort in)
- "Glee" character played by Darren Criss
- Actor Mr. Elba
- Alone: French
- Against
- Captain Hook's sidekick
- Corn units
- Gull-like bird
- Powdered fruit-flavoured drink
- Lettered sports cars
- Old music high note

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

Friday's Crossword

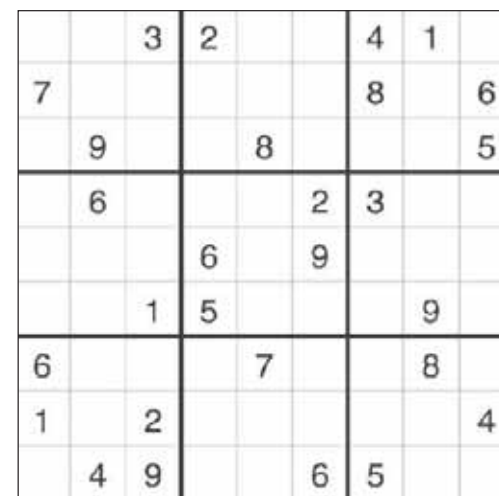


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Today 18°/7° Rain 60%

Tuesday 15°/7° Sunny

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